

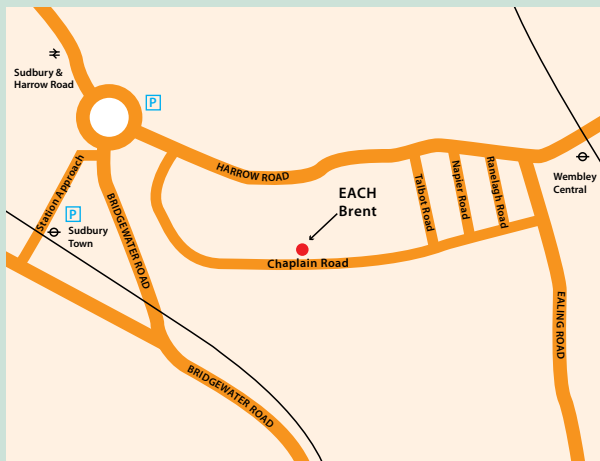
How to get to us

Tube: Bakerloo line (Wembley Central) and Piccadilly (Sudbury Town) are ten minutes walk away from us

Buses: H17, H18, 79, 83, 92, 182, 224 on Harrow Road, Ealing Road, and H17 direct to Wembley Central

Car: Limited pay and display on site

Map



About EACH

EACH is a voluntary sector organisation established in 1991. Working with diverse communities across West London we provide specialist services to individuals and families to address their alcohol, drug, mental health and domestic violence concerns.

EACH Brent

Wembley Centre for Health and Care
116 Chaplin Road, Wembley HA0 4UZ

Tel: 020 8795 6050

Fax: 020 8795 6688

Email: info@eachbrent.org.uk

Web: www.eachcounselling.org.uk

Monday – Friday 9.30 am to 5.00 pm

Late openings on Tuesdays and Thursdays until 7.30 pm.

Our premises are accessible for wheelchair users.



Registered Charity No 1025967 Company No 2818814

Funded by:



EACH

Enabling Change
Rebuilding Lives

A **free** and
confidential service
for anyone concerned
about their **drug** or
alcohol use

020 8795 6050

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Services at EACH Brent are funded by Brent Primary Care Trust and Brent Drug and Alcohol Action Team.

Who we are

EACH is a specialist counselling and support agency providing a range of services to people concerned about their own or a family/friend's drug or alcohol use.

Who is the service for

The service aims to help individuals who are:

- ◆ concerned about their drug or alcohol use and its effects on their health and well being
- ◆ aged 18 and over
- ◆ living in the London Borough of Brent or registered with a GP in the borough
- ◆ affected by a family or friend's drug or alcohol use

...working with diverse communities to help people address their drug or alcohol concerns.

How we can help

Depending on your needs, we can offer:

- ◆ information and advice to help you reduce the harm from your drug or alcohol use
- ◆ individual counselling in English, Hindi, Gujarati, Urdu, Kutchi, Farsi, Somali, Punjabi and Tamil
- ◆ open groups providing support on relapse prevention, life-skills and relaxation
- ◆ referrals to other services e.g. detox
- ◆ counselling and support to partners and family members
- ◆ outreach provision and support in GP surgeries and at other locations in the community
- ◆ support to help you address practical needs such as housing problems, health issues, life skills and employment
- ◆ drug and alcohol awareness sessions in the community

What you can expect from us

- ◆ a free and confidential service
- ◆ a safe and accessible environment for you to discuss your needs and receive support
- ◆ to be treated fairly and with dignity and respect
- ◆ support based on your individual needs and goals
- ◆ a professional and culturally sensitive service
- ◆ your concerns and complaints addressed
- ◆ an opportunity to get involved through volunteering and contribute to the development of EACH's services

How you can access the service

You can:

- ◆ self refer by calling us on **020 8795 6050**
- ◆ drop-in during our opening hours
- ◆ ask your GP, social worker, health visitor, housing officer, alcohol worker or another professional to refer to us

An appointment will be offered to you to assess your needs. We will then agree a care plan with you, to help you meet your goals.